

### Recording Log University of Connecticut - Avery Point

**Interviewee:** Zachary Howe - United States Navy for 14 Years. Residing in Ledyard, Connecticut

**Interviewer:** Christopher Rice

**Date of recording:** April 28th, 2020

**Recording format/notes:** Recorded using a software called OBS (Open Broadcast Software) Thus transferred to MP3 file with Adobe Premiere Pro

**Recording length:** 24 Minutes 50 Seconds

**Location:** Ledyard, Connecticut

**Subjects/Topics:** Family background, Navy life and background, What his job entails, Opinion on life in the navy, Favorite story, Community perceptions, Final thoughts

#### Track 1 of 1

Time/Counter	Topic
0:00:00	For the Record
0:00:05	Name and Place of Residence
0:00:15	Family/Background
0:03:30	Navy Life
0:08:05	Navy Life Personal
0:13:00	Navy Changes
0:14:30	Future Conditions
0:17:40	Favorite Story
0:18:24	Interruption of Laughter
0:19:10	Back to Favorite Story
0:20:50	Community Perceptions

0:23:21	Final Thoughts
0:24:50	Thank You